



Online learning doesn't have to be about the 3 R's. Explore and experience new things like cooking, painting, exercising and other fun virtual activities together.

Cooking Classes

Students and Mentors can cook together by setting up a Zoom meeting, have one person access the cooking class video and then <u>share their screen</u>. Can be done with just a single Mentor and Student or a large group can join in the fun. It is best to look at the ingredient list as you plan the meeting. Make sure everyone has the ingredients before you begin your cooking class.

Rachel Ray's Yum-O Cooking Camp

By accessing <u>yum-o.org</u>, you can choose from a large number of free, how-to videos to make great breakfasts, lunches, dinners and snacks. Other famous chefs like Bobby Flay and Giada Laurents share their recipes and how-to's. Designed for kids up to 15.

Gordon Ramsey

Learn a new recipe with Gordon Ramsay's Ultimate Cookery Course (free on Youtube)

Art-based Classes

If learning how to animate, draw, paint, take photos and more is interesting to Mentors and Students, <u>skillshare.com</u> has a wide variety of classes you can enjoy together. Free for 7 days.

Exercise Classes

Peloton

They might be famous for their expensive bike, but for two months you can access their classes for free. Yoga, dance cardio, meditation, stretching, and more can all be accessed via their app for two months. Classes start at 10 minutes, so perfect for beginners too. You can screen share via Zoom or Facetime to do the class together.

PopSugar Youtube Videos

<u>PopSugar Fitness Channel</u> has hundreds of youtube videos exercise classes. Screen share via Zoom or Facetime to do the class together.